



'Endeavour to Excel'

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'Excellence, Opportunity, Success'

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'Communicating with our Caring Community'



Wednesday, 30th July 2014



DATES TO REMEMBER

DATE	EVENT
31 July	Education Week Open Day – see timetable
1 August	Athletics Carnival K-6
3 August	Kindergarten Get Together
4 August	CANTEEN CLOSED
6 August	CANTEEN CLOSED
8 August	Athletics Carnival – back up day
11 August	CANTEEN CLOSED
13 August	Mathematics Competition
13 August	CANTEEN CLOSED
13 August	P&C Meeting - 7pm in staffroom All welcome
15 August	Kinder 2015 Classroom Visit & Teddy Bears Picnic
20 August	P&C Interrelate Evening – see article
22 August	Zone Athletics Carnival
5 September	Father's Day Breakfast – more information in next newsletter

and friends are invited to visit and celebrate with us tomorrow, on **Thursday, 31st July**. We are having an open day where you are invited into classrooms to have a look at the great work that is being done by the boys and girls. We would also like you to come along to our special celebratory assemblies.

We hope you can join us for some part of the day. The staff and students are looking forward to family and friends joining them in their classrooms, watching their special assemblies and staying to share a picnic recess or lunch.

Parents and friends are encouraged to stay over recess and enjoy this time at school with family. Morning tea will be available at the canteen, along with lunch if you would like to stay longer. If you are staying for lunch, please pre order your lunch from the canteen.

TIMETABLE OF EVENTS

Morning session - Years 3, 4, 5, 6

- 9.20 am – 10.00 am: Parents visiting in Yr 3 - Yr 6 classrooms.
- 10.00 am: Crunch & Sip time for the students.
- Parents forward to the hall ready for our Yrs 3-6 Special Assembly.
- 10.15 am – 10.55 am: Yrs 3-6 Special Assembly in the hall.

10.55 – 11.30: Recess break

All parents, from Kindergarten to Yr 6 are welcome to have a picnic recess with your children.



'Wishing you HAPPINESStoday and ALWAYS.'

PRINCIPAL'S MESSAGE

Celebrating Education Week

This week is Education Week and it is an ideal opportunity to celebrate and acknowledge the great things that are happening at our school. Parents, carers

Middle session - Kindergarten, Yr 1, Yr 2 & 2/3F

- 11.30 am – 12.00 pm: Parents visiting Kindergarten, Yr 1, Yr 2 & 2/3F classrooms.
- 12.00 pm: Parents forward to the hall ready for our Kindergarten, Yr 1 & Yr 2 Special Assembly.
- 12.10 – 12.55 pm: K-2 Special Assembly in the hall.

12.55 pm – 1.25 pm Lunch Break

Parents and carers are welcome to stay and have a picnic lunch with your children.

Conclusion of our special activities.

The Athletics Carnival

Our Athletics Carnival will be on Friday, 1st August weather permitting. Parents, carers and friends are also invited to come along to this day and watch the children compete.

Staff News

Welcome to Mrs Susie Matheson, our new School Learning Support Officer.

P&C

A BIG thank you to the P&C for purchasing a new camera for the school to use. The camera is user friendly, has video functionality and produces good quality images. We are very fortunate to have such a supportive P&C who do much to support teaching and learning in our school.

Markets

The P&C are organising a Market Day to accompany our Blue Gum Art Show on Sunday, 14th September. If you know of any stall holders that might be interested in setting up a stall on the day, please ask them to give the office a call, alternatively there is information on both our school website and the P&C's Facebook page.

Until next time,
Mrs Linda Trigg
Principal

CLASSROOM EFFORT & BEHAVIOUR POINTSCORE

Week 2 - Winning House – Koala

Koalas – 38.5	Platypus – 27.5
Emus – 26.5	Kangaroos – 25.5

Week 3 – Winning House – Koalas

Koalas – 31.5	Platypus – 30.5
Kangaroos – 25.5	Emus – 22.5

PHOTO GALLERY

Photos of Ourimbah Public School's Dance Festival entries:

Boys Hip Hop – 'From Day to Night'



Junior Girls – 'Slumber Party'



Senior Girls – 'Happy'



CLASSROOM AWARDS K-2

Week 2 – Emmy D, Blaise M KS, Angus B, Lincoln M KMB, Bailey C, Shayla W 1L, Charlotte L, William D 1P, Linkin P 1A, Peter B, Phoenix M, Elicia B 1/2MA, Libby O, Jackson C 2M, Rory M, Connor K 2A, Grace C 2F, Elly B, Mila S CAPA (Mrs Rogers)

Week 3 – Jasper D, Ruby H KS, Lily M, Cooper H KC, Benjamin W, Alexa S KMB, Logan D, Remy M 1L, Lucas W, Lainey G 1P, Alex B, Ruby M 1A, Isla T, Jackson C 1/2MA, Paige C, Jackson H 2M, Josie C, Chloe W 2A, Cruz G 2F, Abby M, Jesse B CAPA

CLASSROOM AWARDS 3-6

Week 2 - Isabella G, Blake T 3F, Max M, Dazhara M 3/4A, Joseph K, Logan M 3/4B, Grace G, Murray H 3/4P, Ethan G, Haylie M 4/5S, Ian J, Toby F 5/6D, Shannon T, Jaxon F 5/6E, Angus C, Ella D 5/6W, Trinity B, Keegan R, Addison A CAPA (Mrs Rogers)

Week 3 – Rory M, Jane K 3F, Daine M, Angus M 3/4A, Natasha B, Blake W 3/4B, Maja H, Jacey C 3/4P, Daniel L, Teagan M 4/5S, Jarmaine T, Sophie W 5/6D, Jordan E, Georgia-Leigh M 5/6E, Jake F, Aiden M 5/6W, Jade D, Jared L, Natalie D CAPA,

NITBUSTERS DAY

Thank you once again to our wonderful team of volunteers who helped out with this term's Nitbusters Day, held last Tuesday. The day ran very smoothly due to the fact that we had so many helpers. Thank you to Jennifer East, Suzie George, Regina Phelps, Nicole Woodhouse, Janelle Howes, Nicole Worrall, Jane Demellweek and especially our coordinator Lorelei Barkley.

BOOK CLUB DUE THURSDAY, 31ST JULY

The latest issue of Book Club is due back at school TOMORROW, 31st July. Please send orders in a clearly marked envelope with child's name and class. Orders can be left at the office or given to the class teacher.

UNIVERSITY OF NSW SCIENCE COMPETITION

Congratulations to all the students who entered this competition. It is great to see our students 'have a go' and this year we achieved wonderful results.

Credits

Kimberley H, Ebony W, Ella W, Murray H, Blake W, Aiden S, Jed M, Brian K and Jane K.

Distinctions

Connor W, Bradley W, Savannah W and Caitlin M

We are very proud of these results.

Linda Bowd

FATHER'S DAY BREAKFAST

Ourimbah Public School will be holding a Father's Day Breakfast on Friday, 5th September from 7.30 am. Dads, please mark this date on your calendar and keep this morning free. More information will come home in the coming weeks and in the next newsletter.

OURIMBAH PS ATHLETICS CARNIVAL

All parents, family and friends are welcome to attend the carnival this Friday at Sohier Park, Ourimbah.

Those students who have not as yet returned their participation and medical forms are required to do so ASAP.

Please refer to the information notes that went home last week with regard to specific details.

Gary Edwards Yr 3-6 & Chris Miller K-2

Carnival Organisers

STUDENT BANKING COORDINATOR NEEDED – 2015

At the end of this year our student banking coordinator, Mrs Bronwyn Matthews, will no longer be able to process our banking as her daughter will go to high school.

We are hoping to find another willing volunteer to take over this role. The banking process will take approximately 1 hour of your time per week and involves using a very simple computer program. The banking can be done at school if needed.

For more information please contact the school office.

BLUE GUM ART SHOW

Calling all artists!!!

We are very excited to invite you to our 4th Blue Gum Art Show on Sunday, 14th September from 10 am until 4 pm for one day only!! Our last art show, back in 2012, was such an exciting event and this one is shaping up to be even bigger. This year we will proudly showcase talented artists and their artworks, from paintings and sculptures through to photography. Again we are including a Children's Exhibition for child artists from Kindergarten to Year 6.

Entry forms can be obtained from the school office or download one from the school website under OPS Information. You can even grab an entry form from the Ourimbah Newsagent and General Store. If you need more details, check out our pages on facebook - 'Blue Gum Art Show' or 'Ourimbah Public School P&C'. Entry forms will need to be filled in and returned, with your entry fee to the school office no later than Monday, 1st September. You can contact Cat Soper on 0438 821673 if you need more information. Also, if anyone would like to donate artworks or items for raffles please let me know.

So grab an entry form and get creative!



Our market stalls are selling fast, so if you are interested get in now, as there are limited spaces. A stall site will cost \$25 with this money going to the P&C, whilst any money you raise from your stall on the day is yours to take home. You can sell trash and treasure, crafts, books, clothes, etc. Conditions apply.

To answer a few questions that have been raised about insurance. Mums and Dads (non business) stall holders don't need to purchase Public Liability Insurance, they will be covered under the P&C insurance umbrella for the day. However, they must sign on and off on the P&C register on the day to be covered.

For businesses, Public Liability Insurance of \$10 million is acceptable for the day.

For more market information, terms and conditions and registration forms, please go online to the school website at www.ourimbah-p.schools.nsw.edu.au and look under Ourimbah Information or alternatively you can email the P&C at ourimbahpandc@yahoo.com.au. You may also visit the front office during business hours. We are hoping that the local community and businesses will support this great day of art appreciation and shopping.

RAINFOREST ACCESS PROJECT (RAP)

Volunteers with a passion for gardening or the environment are needed to help clear weeds and debris from the school's Rainforest and Frog Pond areas each Tuesday morning (9 - 10 am). Please come along to see what is involved and what we are hoping to achieve. Perhaps you will find that you would like to join these weekly sessions to help restore harmony to these unique areas.

Contact Elizabeth Moore, Nicole Worrall or the office for more information.

BLUE GUM CANTEN NEWS

HEALTHY BONES WEEK - Week 4, 4th - 8th August.

Come and join in the fun.

Waffle ice cream cones \$2.00

Choc mousse made on lite milk \$1.50

Custard cup \$1.50

Oak lite milk choc/strawberry \$2.00

Up n go choc/strawberry/caramel/banana \$2.00

Yoghurt pouch vanilla \$2.00

Fresh milkshake choc/strawberry/caramel \$2.00

Week 4 Healthy Bones Meal Pack 1....

Macaroni and cheese

Oak lite milk. \$5.00

Week 4 Healthy Bones Meal Pack 2....

Fresh fruit and vanilla yoghurt

Oak lite milk \$5.00

For each dairy item purchased during Healthy Bones Week, a 'bone entry form' will be given to go in the draw to win a "BUCKET OF BONES".

"Why did the skeleton go to the party alone?..... Because he had nobody to go with!" Hahahahaha

Upcoming roster:

Education Day: EVERYONE AVAILABLE

Athletics Carnival: EVERYONE AVAILABLE

5.8.14 - Volunteer needed

7.8.14 - Jamie Lee, Lesley

8.8.14 - Kelly, Stephanie, Chee

12.8.14 - Liz, Danielle

Did you know that each term I participate in the Canteen Network Meeting? Canteen managers from around the coast join together with the team from Central Coast Local District Health Promotion Service and Nutrition Service. I love attending these days to discuss with other canteens locally the good things we are doing here at OPS and also to learn about the good things that are happening in their canteens. I hope you are enjoying the journey of the Blue Gum Canteen.

Elise Blomfield

Canteen Supervisor

ENTERTAINMENT BOOKS – AVAILABLE NOW

2014/15 Entertainment Books are still available from the office at a cost of \$60 each. The book contains vouchers for discounts at many Central Coast and Newcastle restaurants (formal and casual), as well as local attractions and services.

If you are interested in purchasing a 2014/2015 Entertainment Book, please see the ladies in the office.

UNIFORM SHOP

Operating Hours – Mondays & Thursdays

The opening hours for the uniform shop are as follows:

Mondays 8.30 am - 9.30 am

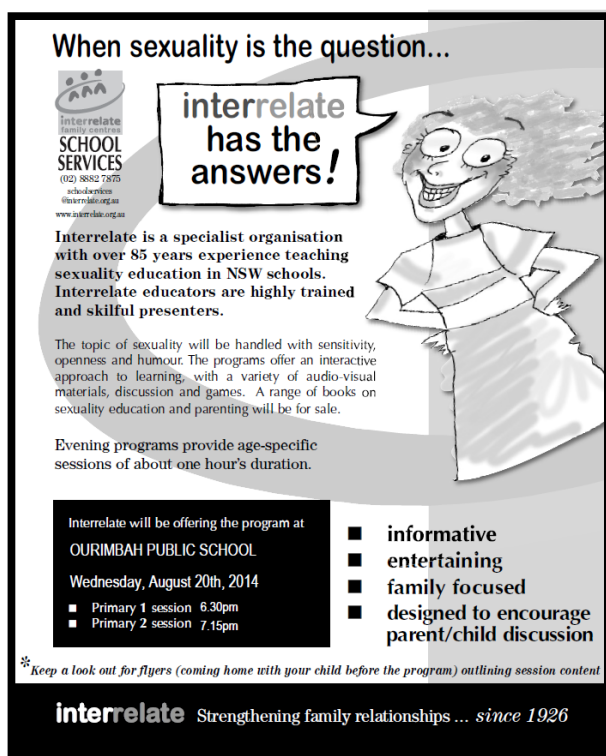
Thursdays 2.30 pm - 3.00 pm

Online ordering and eftpos are available in the Uniform Shop. Order forms are also available from the office with an option to make arrangements for collecting/paying at the canteen or from the uniform shop.

School hats can be purchased from the canteen on Tuesdays, Thursdays or Fridays at a cost of \$15.00 each.

INTERRELATE

The P&C will be holding an evening session on Interrelate on Wednesday, 20th August. This program is for students in Years 3 – 6. Forms with full information went home with all 3 – 6 students a couple of weeks ago. Spares notes are available from the office.



When sexuality is the question...

interrelate has the answers!

Interrelate is a specialist organisation with over 85 years experience teaching sexuality education in NSW schools. Interrelate educators are highly trained and skilful presenters.

The topic of sexuality will be handled with sensitivity, openness and humour. The programs offer an interactive approach to learning, with a variety of audio-visual materials, discussion and games. A range of books on sexuality education and parenting will be for sale.

Evening programs provide age-specific sessions of about one hour's duration.

Interrelate will be offering the program at
OURIMBAH PUBLIC SCHOOL
Wednesday, August 20th, 2014

- Primary 1 session 6.30pm
- Primary 2 session 7.15pm

■ **informative**
■ **entertaining**
■ **family focused**
■ **designed to encourage parent/child discussion**

*Keep a look out for flyers (coming home with your child before the program) outlining session content

interrelate Strengthening family relationships ... since 1926

AUSSIE FARMERS DIRECT

Ourimbah Public School has teamed up with Aussie farmers to raise funds.

Aussie Farmers Direct provides a home delivery service of 100% Australian owned and grown produce – every time you shop with Aussie Farmers Direct, they will donate a portion of your spend to our school – it's that easy!

No more running out of milk in the morning! You can conveniently shop online from the comfort of your own home and wake up to an esky full of fresh produce!

To start shopping go to

Aussiefarmers.com.au/fundraisingoffer

Are you already a customer? You can link your Aussie Farmers Direct account to Ourimbah Public School group by visiting AussieFarmers.com.au/LinkMyAccount

For further information visit AussieFarmers.com.au or call 1300 654 562 or get in touch with ourimbahpandc@yahoo.com.au

COMMUNITY NEWS

GLEE CLUB

Glee Club will not be going ahead during Term 3 due to the coordinator having other work commitments.

AFTER SCHOOL CARE ASSESSMENT



It's finally coming! Ourimbah OSHC has been notified by the Early Childhood Education and Care Directorate that we will be beginning the assessment and rating cycle from the 14th August to the 15th September 2014. The purpose of the assessment and rating process is to determine what rating level our service meets the National Quality Standard and the requirements of the National Regulations. This is our opportunity to display our strengths and to determine where we can improve our service to you. An assessor will visit our service for a before school session and an after school care session. They may ask you or your child questions regarding the service and they will be observing the Educators who work with your children, the routines we have in place and how the children respond to the program provided. We are confident that we satisfy the requirements. If you require more information or are interested in helping out in any way, please see Christine the coordinator of Ourimbah OSHC.

MINGARA REBELS BASEBALL

Boys & Girls welcome. Come along to our Information/Registration Days Sunday, 17th August and Sunday, 31st August from 12pm to 2pm at Adelaide Street Oval, Tumby Umbi.

Contact/Enquiries: Sam 0403 192 965

Email: mingararebels@yahoo.com.au

KU OURIMBAH PRESCHOOL & CHILD CARE

KU Ourimbah is a Long Day Care Centre on the grounds of the Ourimbah University Campus. For more information regarding the services on offer please phone 4362 2933.



Mainly Music Parenting Group

Come and join this Parent's group with a difference.
Starting Term 3 2014— Wednesday 16th July
10:30am — 11:30am at The Oasis Centre, Wyong.

Our Wednesday morning sessions will be spent singing songs and playing with your children, followed by a morning tea and open discussion on topics relevant to parents of young children.



For more information or any enquiries please contact Karen on 02 4353 9799
Enrolment Form is available on our website: www.salvos.org.au/oasiewyong



KIDS ART SCHOOL

GRADES K - 6

"Way more than a great art school for kids!"
- Simon Banks, Primary Teacher and Father of 3.

free art class

AFTER SCHOOL

We would like to offer your child a free class with no catches. Try us out and at the end of your child's first class if you and your child love what we offer then we welcome you to enrol. If not... No worries, we're glad you came.

To check us out & book your child's free class log onto:

www.mychildsfreeartclass.com

or CALL BRAD on **0413 834 152**

building confident, creative, kids one art work at a time

Nutrition Snippet

The simplest way

to add healthy snacks in lunch boxes

Snacks are an important part of a healthy diet for active children. Kids have little tummies so they need small amounts of food often. Try these simple & healthy snack ideas in your kid's lunchbox:

- **Popcorn:** plain air-popped popcorn (without salt or butter) mixed with sultanas and dried apple
- **Dried fruit snack packs:** buy them ready made, or make your own at home in reusable containers
- **Fruit salads:** buy small tubs of diced fruit in natural juice, or cut up small pieces of fruit and make your own
- **Crackers & veg:** slice up some avocado or tomato with some rice crackers



It's scientifically proven that kids like smaller portions – so cutting up fruit + veg will ensure it's eaten every day!

For more information visit
www.eatittobeatit.com.au
or join us at facebook.com/eatittobeatit



Nutrition Snippet

The simplest way

to get kids in the kitchen

Cooking in the kitchen is a great time to catch up with your kids, and get them involved in fruit and veg preparation. Try our top 10 tips for getting kids into the kitchen:

1. Washing vegies
2. Setting the table
3. Mixing the salad
4. Mashing potato
5. Putting toppings on pizzas
6. Choosing and adding fillings to sandwiches
7. Measuring frozen vegies before cooking
8. Picking fruit and veg from the garden
9. Unpacking shopping from the supermarket
10. Get older kids to help peel or chop fruit and vegetables



For more information visit
www.eatittobeatit.com.au
or join us at facebook.com/eatittobeatit

