



'Endeavour to Excel'

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'Excellence, Opportunity, Success'

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'Communicating with our Caring Community'



Wednesday, 20th May 2015

DATES TO REMEMBER

DATE	EVENT
20 May	P&C Disco TONIGHT – see article 'Back to the 80s' Theme
22 May	Zone Cross Country
24 May	RAP Working Bee 10 am – 1 pm
25 May	CANTEEN CLOSED
27 May	Tickets go on sale for Central Coast Dance Festival
27 May	CANTEEN CLOSED
30 May	P&C Trivia Night Book your table NOW
1 June	CANTEEN CLOSED
3 June	Science Competition
3 June	CANTEEN CLOSED
4 June	Issue 4 Book Club Due
8 June	Public Holiday
9 June	RAP Working Bee 9 am – 11 am
10 June	P&C Meeting 7 pm in staffroom

Atwooll, Principal of Rumbalara, was on a recent visit to our school and he said that we have the BEST school environment on the coast. Tracey Howie from Mannering Park Public School visited us last week and she was also very impressed with our school, saying that we have an amazing bushland setting. She was particularly impressed with the way we have cared for our land, especially the Aboriginal site at the end of the RAP trail. We are very fortunate to have such a beautiful school environment, I hope that you all appreciate it. A BIG thank you to Liz Moore, Nicole Worrall, Mr Ranger, Mrs Brewin and the Environment Group, along with our dedicated staff who work hard to keep it this way. We have regular RAP Trail and Frog Pond Working Bees which of late have been poorly attended, only one volunteer turned up for the last one. If you are free on Sunday morning between 10 am & 1 pm, please come along and lend a helping hand, it would be very much appreciated. Please see over for more details.

Food Alert

At OPS we have several students who have severe reactions to nuts. These reactions range from skin rashes to acute anaphylactic shock requiring an epipen or anapen.

Please do not send any nut products or food containing nuts to school.

We also ask that if your child is allergic to or has an intolerance towards certain foods, that you speak to your child about not sharing any food with other students.

Students identified with having anaphylactic reactions are provided with special lunch order bags from the canteen and a special set of protocols are followed when staff are organising their lunch or recess.



'ATTITUDE is the minds paintbrush, it can colour any situation.'

PRINCIPAL'S MESSAGE

Great School

Ourimbah is a great school with a beautiful school environment, one that is the envy of many schools. Mark

Students identified with having anaphylactic reactions, food allergies or intolerances are provided with an individualised Health Care Plan.

Student Absences

It is a legal requirement that parents **explain all absences within seven days** of the first day of any period of absence. Please send a note in explaining the reason for the absence as soon as your child returns to school. If the absence is likely to exceed 7 days, please contact the school and keep us informed.

Parents and Citizens (P&C) Trivia Night

The P&C is holding their annual Trivia Night on Saturday, 30th May. It would be great if you could get a table together and come along. Even if you can't get a table together, you can still come along and we'll organise something for you. If this is the case, please let the office know beforehand. The night is for adults only. Please see over for more details.

Nitbusters

The school's Nitbusters Program is an excellent way of identifying any unwelcome visitors in the boys and girls hair. We are fortunate to have this program in our school and as a result we do not have ongoing problems with nits. If your child comes home with a note recommending treatment, it would be appreciated if you could do this straight away. Nitbusters is a free service provided by the P&C which helps to ensure that nits are not an ongoing problem. This terms Nitbusters Day was on last Tuesday. A BIG thank you to Loreli Barkley and her amazing team for the great job they did. Nitbusters is a great initiative and we often have other schools contacting us to find out how to run this program, we are a lighthouse school in this regard.

Punctuality

Parents are reminded that school starts promptly at 8:50 am. Please ensure that your children are at school on time to start the day with the rest of their class. Research indicates that children who are at school on time and do not have frequent absences generally perform better than students who arrive late and have frequent absences.

Staff News

Sadly Doug Goring, husband of Robyn Goring who was a teacher here for many years, passed away last weekend. Our sincere sympathies and condolences go to their family and friends.

Disco

Our school disco is on tonight, I hope you can all come along.

Canteen Survey

Last week we sent home a canteen survey. It would be very much appreciated if you could take the time to fill it in and return it to the office. Your feedback is important to us and the future development of the canteen.

National Walk Safely to School Day

May 22nd is 'Walk Safely to School Day'. This is an opportunity for parents to re-visit road and commuter safety by walking with or accompanying your children on their trip to school.

The objectives of National Walk Safely to School Day are:

- to encourage parents and carers to walk to school with primary school aged children;
- to promote the health benefits of walking and create regular walking habits;
- to help children develop vital road crossing skills and **ensure children up to 10 years of age hold an adults hand when crossing the road**;
- to help children develop the vital road crossing skills they will need as they become mature pedestrians;
- to reduce car dependency;
- to reduce the level of air pollution created by motor vehicles; and
- to promote the use of public transport.

Until next time,
Mrs Linda Trigg
Principal

CLASSROOM EFFORT & BEHAVIOUR POINTSCORE

Week 3 – Winning House – Koalas

Koalas – 41 Emus – 36.5

Platypus & Kangaroos – 35

CLASSROOM AWARDS K-2

Week 4 – Harrison K, Dana M KB, Colo H, Destiny M KS, Tallon M, Isla C KT, Carrera B, Lilly M K/1M, Lacey M, Oliver J 1A, Grace B, Zach S 1P, Logan K, Emily M 1/2MA, Bailey V, Adam T 2AKG, Anouk v W, James A 2F, Ethan D, Hannah J 2M, Dominic G, Lara R CAPA

Week 5 – Ivy C, Matthew P KB, Lincoln A, Lexi P KS, Annika M, Cooper G KT, Sophie W, Jensen F K/1M, Cooper M, Kade D 1A, Ryley B, Olivia S 1P, Heidi H, Joel L 1/2MA, Charlie L, Mitchell H 2AKG, Abby M 2F, Jade E, Lockey I 2M, Oliver J CAPA

CLASSROOM AWARDS 3-6

Week 4 – Jackson C 3F, Ashlee M, Nicholas R 3/4B, Ethan A, Jed M 3/4E, Zedame M, Charlotte M 3/4M, Annalise B, Charlie L 3/4PB, Tina C, Logan M 4/5A, Bailey K, Morgan R 5/6D, Anh N, Callum S 5/6E, Chloe W, Charlotte B 5/6W, Anna C, Timothy J CAPA

Week 5 – Caitlyn K, Minh N 3F, Izaak v W, Blake W 3/4B, Brooke S, Jackson C 3/4E, Chloe M, Sierra H 3/4M, Amelia E, Rory M 3/4PB, Hudson W, Alysha D 4/5A, Thomas M, Lance L 5/6D, Connor B, Daniel L 5/6E, Flynn C, Charlie S 5/6W, Dusty P, Anh N CAPA

LAST CHANCE TO ORDER PHOTOS

Tomorrow is your last chance to order a copy of the **School Officials, House Captains, SRC and Year 6 group photo** which are on display in the school foyer and are priced at **\$16.00** per photo. Discounts are available if purchasing more than one photo. Envelopes are available from the office and orders must be placed by Thursday, 21st May.

For all enquiries regarding photos, please phone the School Photographer on 02 9674 9834.

NITBUSTERS DAY

Thank you to our wonderful group of volunteers who managed to fly through the Nitbusters Day yesterday under trying circumstances.

This program would not be able to continue if not for the help of the following people: Jen East, Renee Walker, Leah Ward, Nicole Worrall, Paula Walker, Emily Clifton and of course our coordinator Lorelei Barkley. You all do a fantastic job supporting the students and initiatives at Ourimbah Public School.

BOOK CLUB

Issue 4 of Book Club will be coming home soon and all orders are due back at school by **Thursday, 4th June**.

If using the LOOP system to order and pay by credit card, please make sure you have placed your order prior to this date or you may miss out.

P&C DISCO

The first P&C Disco for this year will be held **TONIGHT** Wednesday, 20th May. There will be a 'Back to the 80's' theme for this disco.

When: Wednesday, 20th May

Time: K-2 5.00 pm – 6.30 pm
3-6 6.45 pm - 8.15 pm

Where: School Hall

Cost: K-2 - \$6.00 (includes drink and chips)

3-6 - \$4.00 (drinks and chips for sale)

Please note there will be **NO** glow products for sale this year.

ATTENTION KINDERGARTEN PARENTS

Your child will have an opportunity to attend their very first disco which will be held in the hall tonight Wednesday, 20th May from 5:00 pm - 6:30 pm. Parents please note, the disco is for students only. Children are in the hall under the supervision of our teachers and P&C officials. They will use the toilets inside the hall and will remain inside until you collect them at 6:30 pm.

Please bring your child to the main (B area COLA) entrance to the hall for entry. When the disco is over please return to this entry and collect your child from their grade group inside the hall and then exit from the car park side of the hall. In this way we can make sure your child is leaving with the person they should be with.

All parents need to use the RSL Club car park on disco night.

Disco!

OURIMBAH PUBLIC SCHOOL

WHEN: Wednesday 20th May 2015

K - 2	5:00 - 6:30 pm
3 - 6	6:45 - 8:15 pm

WHERE: School Hall

THEME: 80'S




COST: K - 2 \$6.00 (includes- drink & chips)

3 - 6 \$4.00 (drinks & chips for sale)

Drink prices for 3-6 years Disco:

Water, Juice and limited soft drink	\$1-
Glee's (Raspberry & Blackcurrent)	\$2-
Chips (Various Flavours)	\$1-

There will be no Glow products for sale.

CENTRAL COAST CHORAL FESTIVAL REHEARSAL

On Monday, 18th May 2015 the Year 4, 5 & 6 Choral Festival Choir attended a rehearsal at Valley View Public School. The students in the choir represented our school beautifully and they should be commended on their behaviour. Our next rehearsal is 20th July and we look forward to the final performance at the Central Coast Choral Festival at Mingara on Thursday, 22nd October. Well done, students!

Mrs Pasfield

CURE BRAIN CANCER FOUNDATION

Below is an excerpt from a letter received from the Director of the Cure Brain Cancer Foundation.

On behalf of Cure Brain Cancer Foundation, we would like to congratulate Ourimbah Public School on your successful fundraiser – \$958.95 is an incredible effort. We are truly grateful for your support, thank you once again.

*Marcella Zemanek
Director & Ambassador*

MOTHER'S DAY PRODUCT RECALL **RETURN ITEMS BY NEXT WEDNESDAY, 27TH MAY**

This year the P&C purchased Mother's Day items from a wholesale gift company.

We have been advised by this company that the **Melt Wax Burner Set** (picture below) has been recalled.

If your child purchased this item at the Mother's Day Stall, please dispose of this item or **return to school by next Wednesday, 27th May**. \$6.00 will be refunded to your child upon written advice from you of their purchase or upon receipt of the item.

We are sorry for any inconvenience caused by the recall of this product.



SPORTS NEWS

BASKETBALL

Congratulations to all basketball teams for their effort at the recent gala day. Their behaviour, team work and sportsmanship was fantastic.

The senior girls team were the overall winners, so they will now move on to the next round.

Well done everyone.

S English

BWPSSA CROSS COUNTRY

Good luck to all the runners who will be competing this Friday at Wyoming Public School in the Brisbane Water Zone Cross Country.

The team will travel together to the venue with the first race starting at about 10.30 am.

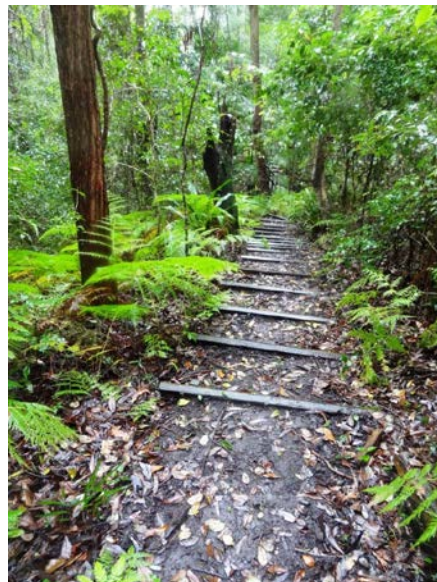
Gary Edwards Cross Country Organiser

NSWPSSA FOOTBALL KNOCK OUT

Both the boys and girls teams will play their first games in the coming weeks of the NSW State Knock Out competitions. The teams have worked hard at selection trials and will now look forward to their round 2 matches following a bye in round 1.

Coaches Wilson and Edwards

RAP NEWS



AFTER THE STORM CLEAN-UP

A Working Bee is being held this Sunday, 24th May from 10 am - 1 pm to clean up along the school's Rainforest Trail and Aboriginal Site after the storm. There is a lot of leaf litter along the trail and a couple of small trees blocking the path. We have a small collection of tools, but please bring straw brooms, leaf-blowers, loppers, secateurs and saws if you have them. All family members will need to wear closed shoes and other gardening clothes. You can park in either the staff car park (via Dog Trap Rd) or the playground (via the Pacific Highway entrance) and then walk up to C-Oval to join in the fun. Refreshments provided. The children really enjoy caring for our Rainforest and with many hands we can all make the trail look good and guarantee its continued accessibility. See you there!

Elizabeth Moore (0428 537 081) & Nicole Worrall
RAP Coordinators

KINDERGARTEN 2016

Enrolment forms for children expected to start school in 2016 have been sent home via older siblings. Please complete and return the forms to the office as soon as possible with copies of relevant paperwork.

If you are NOT sending your child to school in 2016, please return the form and advise the office staff.

Your child is eligible for Kindergarten 2016 if he or she turns 5 before 31st July, 2016 (ie. born between 1/8/10 and 31/7/11).

Please advise the office of your child's name and date of birth and we will send enrolment forms home if you did not receive them last week.

If you have any friends or neighbours who may have a child ready to start school next year, please let them know it is time to contact the school for information.

2015/16 ENTERTAINMENT BOOKS AVAILABLE SOON

Once again we will be selling the Hunter/Central Coast Entertainment Books and Digital Memberships this year at a cost of \$60 per book. The book is full of fantastic offers. This is a fundraising activity and \$12 from each book/membership sold goes to the school. Please see the advertisement for more information on this great deal.

BLUE GUM CANTEEN NEWS

Radical Recess was a HUGE success. Thank you for supporting our canteen. A very big well done to the volunteers who consistently put in a lot of hard work. You are amazing.

A canteen survey has gone home to all families. This is a great opportunity to express your thoughts and help me plan for the future. Please return it by the end of May.

Special

Cheese and tomato Toastie

Large water

\$3.50

Here are some pics from our Radical Recess.



P&C NEWS

UNIFORM SHOP

Operating Hours – Mondays & Thursdays

The opening hours for the uniform shop are as follows:

Mondays 8.30 am - 9.30 am

Thursdays 2.30 pm - 3.00 pm

Online ordering and eftpos are available in the Uniform Shop. Order forms are also available from the office with

an option to make arrangements for collecting/paying at the canteen or from the uniform shop.

OURIMBAH PS P&C TRIVIA NIGHT

BOOK A TABLE NOW!!

When: Saturday, 30th May 2015.

Time: Starting at 6:30 pm.

Cost: Tables of 10 - \$100 or \$10 per person.

Put your thinking caps on for a theme for your table.

Please start gathering your team and book a table now so you don't miss out.

For more information see the advertisement later in the newsletter.

BLUE GUM ART SHOW

Sunday, 13th September 2015

Looking for Coordinator and Volunteers

Since 2010 the Ourimbah Public School Blue Gum Art Show has become a wonderful and colourful community event showcasing the work of artists from Kindergarten age right through to 80 years plus. It has been a small but productive fundraiser for the school over the years and has run smoothly with the wonderful help of P&C and school staff. As I've coordinated most of it by myself over the years I'm looking to hand over my role to a small group of people to keep it going. You don't have to have an artistic background, just enthusiasm to take on a very small part in putting it all together like organising display panels pick up, setting up and dismantling displays, checking in/checking out the artworks and it's only for one weekend, that's it! As a graphic designer I can still help produce posters, flyers and entry forms with a chance someone can do this in the future. So if you think you would like to help and be a part of this wonderful school event, please call me, Cat Soper, on 0438 821 673 and I can answer any questions you might have.

The Blue Gum Art Show is a wonderful event not only for the budding artists in our school but community artists as well and enthusiastic buyers looking for that special artwork to take home. Let's keep it alive...please help.

Cat Soper

COMMUNITY NEWS & ADVERTISEMENTS

RELiance GP SUPER CLINIC

The Reliance GP Super Clinic at West Gosford is open 7 days a week, 8 am - 10 pm, catering for the needs of families and we pride ourselves on our availability and quality patient service. Our clinic is purpose built with ample parking, easy access, in house pathology, xray, pharmacy, physiotherapy, chiropractors and of course medical practitioners.

Contact us on 4304 1333.

TAKE HOME A BIG BROTHER OR BIG SISTER!

Let's get organised early!

Give your children the wonderful opportunity to have an international big brother or big sister by hosting one of our exceptional international students arriving in Australia in July 2015 for their 5 or 10 month programs. Our international students from France, Germany, Italy, Austria Japan, the U.S.A and Canada will live as a local, attend a local secondary school, arrive with their own spending money and comprehensive insurance cover – all arranged by Southern Cross Cultural Exchange. Call your local coordinator today on: 0429 406 126 to request some student profiles and capture the spirit of family and friendship!

Discover real value...

Still just \$60 giving you over \$20,000 of value!

Restaurants – Cafés – Attractions – Hotels – Shopping – Groceries – Travel... all with up to 30% off and 2 for 1 offers.

"With hundreds of offers to choose from, we've enjoyed more than \$1,000 of value in just one year!"

"I love my Digital Membership! Now I always have my Entertainment™ offers with me, wherever I go."

The Entertainment Book OR The Entertainment Digital Membership

We receive \$12 from every Membership sold, so order yours today. Thanks for supporting our fundraising!

Ourimbah Public School

To order your Entertainment™ Book visit:
<http://www.entbook.com.au/345q54>

Contact: Sue Vila
 Phone: 0243621033
 Email: ourimbah-p.school@det.nsw.edu.au



Disaster Recovery Centre open in Wyong

A Disaster Recovery Centre has been set up at Wyong Grove as a 'one stop shop' for storm affected residents to access support from a range of government and non-government agencies.

Residents will be able to get financial assistance and advice, housing advice and support, and insurance and legal advice.

When: Open weekdays 9am to 5pm and weekends from 10am to 4pm until May 15, 2015

Where: Wyong Grove (old Wyong Grove Public School site) at 1 North Road (corner Pacific Highway) Wyong

Who:

- Disaster Welfare Services – including Centrelink
- WorkCover
- Legal Aid
- Red Cross
- NSW Health
- Office of the NSW Commissioner for Small Business
- Fair Trading
- Department of Primary Industries

Contact: Phone 4352 2251
 For more information go to
www.wyong.nsw.gov.au/stormrecovery



School Banking is shooting for the stars.



At the beginning of 2015, the School Banking program launched students on a mission to save by making regular deposits into their Youthsaver account. In just one term, over 958,000 School Banking deposits were made around Australia. It's a fantastic result that's seen thousands of Australian children begin their savings mission.

Rewarding good savings behaviour with two new items

To help keep students on track with their savings mission in Term 2, we've released two new awesome reward items from our Outer Space Savers range. Students just need to make 10 School Banking deposits to be able to redeem a reward item.



Invisible Ink Martian Pen

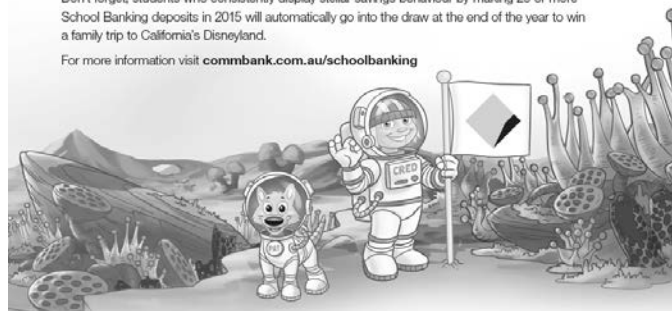


Intergalactic Rocket

You could win a 5 nights' family trip to California's Disneyland

Don't forget, students who consistently display stellar savings behaviour by making 25 or more School Banking deposits in 2015 will automatically go into the draw at the end of the year to win a family trip to California's Disneyland.

For more information visit commbank.com.au/schoolbanking



Things to know before you can. Conditions apply. Promotion starts 8/02/15 and ends 11/05/15. Entry is open to all Youthsaver account holders aged 5-13 years who participate in Commbank's School Banking program. Entry ends 11/05/15. The draw will take place at 11/05/15 at the Promoter's office. The first valid entry drawn will win a family trip to California's Disneyland valued at \$22,245. The winner's name will be published in the public notices section of The Australian on 15/05/15. Promoter is Commonwealth Bank of Australia ABN 68 121 121 124 of level 2, 111 Victoria Street, Sydney NSW 2000. Full terms and conditions available at commbank.com.au/schoolbanking. NSW Permit No: LPS14/00887, ACT Permit No: TF14/04043, VIC Permit No: 14/5966, SA Permit No: T14/2327.



Entertainment Books available soon.
 See office to place your order.



Ourimbah Public School

Trivia Night 2015

When: Saturday, 30th May 2015

Where: Ourimbah School Hall

Time: 6.30 pm start

Cost: \$10- per head or \$100 per table (max 10 per table)

BYO food and drink for your table

Sorry, no kids allowed, this one's for the grown ups only.

This major fundraising event is a great night of fun and laughs. So grab your friends and bring lots of \$1- coins for spot games throughout the night.

Tables are limited so BOOK NOW !

Don't have a full table, no problem come along and we will place you on a table so that you can meet new people and have a great night.

Choose your own theme for your table!! You could all come as Super Heroes or Hippies or whatever you decide.

To secure a table please contact Adrienne Collins on 0404 093 787, Lesley Marshall on 0422 222 364 or send an email to: ourimbahpandc@gmail.com with "trivia night" as the message subject.

Payment for table bookings can be made by:

1. Direct deposit to Account Name: Ourimbah P & C, BSB: 032 669, Acc: 214 218
Please include your full name. Whole tables only for this option.

OR

2. Cash at the school office. Please provide money in an envelope with contact details & table name. Whole tables and individuals that would like to be allocated to a table can use this option.

Your support can help make this event a huge success!

Thanking You
Ourimbah Public School P&C

CCF & Soccer5s Coaching Programs

Catered Programs for all players at any stage of their football development

REGIONAL DEVELOPMENT PROGRAM

ADVANCED COACHING COURSES
AGES 5 - 16 YEARS OLD



FIND OUT MORE HERE | Regional Development Program

REGIONAL DEVELOPMENT PROGRAM OUR ADVANCED COACHING PROGRAM IS OPEN TO ALL ABILITIES FOR AGE GROUPS 5 - 16 YEARS OLD. THE BEST PLACE TO BE IF YOU WANT YOUR CHILD TO PUSH ON TO THE NEXT LEVEL IN THE [CCFA](#)

JUNIORS @ Soccer5s

THE SECOND TIER OF THE PLAYER PATHWAY
AGES 2 - 13 YEARS OLD



Nutrition Snippet

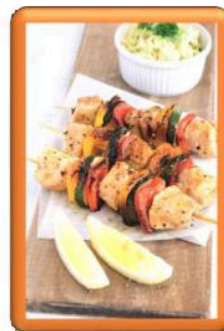
The simplest way

...stay healthy over Summer.

Summertime = BBQ time in Australia.

Here are five ways to make your barbies as healthy and delicious as possible.

- Limit or avoid processed meat like sausages and bacon.
- Use lean cuts of meat.
- Make sure half your plate is filled with vegies.
- Cook vegies like eggplant, zucchini and capsicum straight on the bbq (or as part of the kebab in picture).
- Make a few salads to serve on the side.
- Freezing fruits like grapes and berries make a delicious treat for a dessert on a hot day.



For more information visit
www.eatitbeatit.com.au
or join us at facebook.com/eatitbeatit

Eat It To Beat It 