



'Endeavour to Excel'

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'Excellence, Opportunity, Success'

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'Communicating with our Caring Community'



Wednesday, 29<sup>th</sup> July 2015



## DATES TO REMEMBER

DATE	EVENT
29 July	Kinder 2016 Tour & Library Visit
30 July	Issue 5 Book Club Due
31 July	K-6 Athletics Carnival
3 August	CANTEEN CLOSED
3 August	Nitbusters Day – volunteers needed
3 – 12 August	Life Education Visit
4 August	Touch Football Gala Day
5 August	CANTEEN CLOSED
5 August	Valley Schools Academic Excellence Assembly 9 am – 11 am
6 August	<b>K2016 Parent Information Session</b> 9 am – 11 am or 6 pm – 7 pm
6 August	Life Education Parent Session 1.30 pm – 2.00 pm
7 August	Athletics Carnival Back Up Day
10 August	CANTEEN CLOSED
11 August	Maths Competition – date may change due to school commitments
12 August	CANTEEN CLOSED
12 August	Milo Cricket
12 August	P&C Meeting 7 pm in staffroom All welcome
12 August	Kinder 2016 Classroom Visit – craft activities, etc 9.30 am – 10.30 am
13 August	2nd Hand Book Stall



*'We all have the ABILITY to shape the way our LIVES WILL TURN OUT.'*

## PRINCIPAL'S MESSAGE

### **Start Smart**

Last week the students in Yrs 3-6 participated in Start Smart financial literacy workshops with Erica Davis from the Commonwealth Bank. Erica was very impressed with our beautiful school environment and the excellent behaviour displayed by our children. She said that it was an absolute pleasure coming to our school. Boys and girls you are to be congratulated on your wonderful behaviour.

### **Parent Online Payment (POP) System**

We are pleased to announce that we have just launched our new Parents Online (POP) Payment system. A detailed note outlining the new system is being sent home today. Parents can use this system to pay for excursions, performances, sport and voluntary contributions. You can find POP on our website under the 'Make a Payment Tab'. All notes involving payment of money should have instructions regarding what to type into the 'payment details field' on the website. If you experience any problems with this new system, please contact the office and they will talk you through the process. Payment can still be made via cash and cheques.

Please note, online canteen and uniform shop purchases will still be made via Flexischools.

### **Athletics Carnival**

We are looking forward to our K-2 and Yrs 3-6 Athletics Carnivals that will both take place on Friday at Sohler Park, weather permitting. If it needs to be postponed, notifications will be broadcast over 2GO and posted on our P&C facebook page.

Parents, carers and friends are invited to come along to this day and watch the children compete.

### **Excellence Assembly**

Our Valley Schools' Excellence Assembly is being held on Wednesday, 5<sup>th</sup> August between 9 am and 11 am at Narara Valley High School. Students nominated for this award may be achieving excellence across the board, in several subjects or in a particular area. Invitations were sent home yesterday.

### **Staff News**

Welcome to Monique McPhan from the Avondale College. Monique is completing her teaching degree practicum, working with Mrs Bradney and KT.

### **Nitbusters**

Our Nitbusters Program will take place next Monday. A big thank you to Lorelei Barkley and her fantastic volunteers for making this possible. If you are one of the few families who receive a note confirming their presence, please take immediate action by treating your child's hair, brushes, combs, bands and ribbons. Clothing will need to be washed before it is worn again, along with bedding. Pillows and mattresses should be aired in the sunshine.

Lisarow Public School is offering a one off opportunity for local students to have their hair treated by a company called 'Nitwits' who are offering a free treatment for students of any families wishing to take advantage of this opportunity. Their P & C would like to extend this service to our students. Details below -

Date: Tuesday, 4th August

Check-up/treatment (free): 2:55 - 5:00 pm (LPS - school library)

Parent Information Session: 5:00 - 6:00 pm (LPS - school library)

Permission notes can be obtained from our office.

### **Education Week**

This year's theme is 'Local Heroes'. I would like to take the opportunity to thank all of our parents and carers who go out of their way to assist the community and our school. Individuals and organisations who worked to assist us during the recent storm event and resulting clean-up are a fine example of some of our 'Local Heroes.'

Until next time,  
Mrs Linda Trigg

### **CLASSROOM EFFORT & BEHAVIOUR POINTSCORE**

**Week 1 – Winning House – Koalas**

Koalas – 37.5	Emus – 33.5
Kangaroos – 29	Platypus – 25

**Week 2 – Winning House – Platypus**

Platypus – 36.5	Emus – 36
Koalas – 35.5	Kangaroos – 32

### **CLASSROOM AWARDS K-2**

**Week 2 –** Henry P, Geraldine C KB, Xander D, Tay S KS, Lucy V, Tallon M KT, Taedym V, Reef C K/1M, Lara R, Bronson M 1P, Mia C, Cooper S 1/2MA, Isabella C, Andrew B 2AKG, Isaiah J 2F, Jade E, Jasper K 2M, Lacey M, Anouk v W CAPA

**Week 3 –** Lani V, Matthew P KB, Shayla R, Ned H KS, Olivia S, Isabella S KT, Sophie W, Callum S K/1M, Angus B, Emily B, Hunter E 1A, Elijah S, Grace B 1P, Anisha G, Cooper S 1/2MA, Kara B, William D 2AKG, James A, Chiquita M 2F, Charlotte R, Ethan D 2M, Kara B, Jasper D CAPA

### **CLASSROOM AWARDS 3-6**

**Week 2 –** Paige C, Rory M 3F, Murray H, Marissa K 3/4B, Layla C, Zoe H 3/4E, Joseph T, Milly H 3/4M, Charlotte W, Lusinta L 3/4PB, Natasha B, Ella W 4/5A, Jayde F, Auron M 5/6D, Bethany W, Laura E 5/6E, Jacob F, Timothy J 5/6W, Finn C, Elizabeth C CAPA

**Week 3 –** Keira B 3F, Jordyn P, Cirdan P 3/4B, Jacey C, Giselle B 3/4E, Hunter W, Zedame M 3/4M, Bryson S, Natalie G 3/4PB, Heidi M, Erika W 4/5A, Shannon T, Lance L 5/6D, Claire E, Jessica B 5/6E, Elizabeth C, James B 5/6W, Lucas C, Ella D CAPA

### **2ND HAND BOOK STALL**

On Thursday, 13<sup>th</sup> August the Year 6 Leadership Group will be holding a 2<sup>nd</sup> hand book stall in the school hall. The books will be priced from 50c to \$2.00 each.

**We need your assistance, please bring in any of your unused books!**

Make sure that the books are suitable for K-6 students and in a reasonable condition. We will be collecting books outside the hall each morning of Weeks 3 and 4, beginning Monday, 27<sup>th</sup> July.

So please search through your shelves, cupboards and drawers. We'll find your unwanted books a new home and raise some money in the process. The money collected from this sale will be donated to Coast Shelter and used to support our school environmental projects.

Claire Emms 5/6E  
Leadership Team Member

### **BOOK CLUB DUE TOMORROW**

Issue 5 orders for Book Club are due back at school **tomorrow**. Remember, you can also place online orders and pay by credit card via the Scholastic website [www.scholastic.com.au/LOOP](http://www.scholastic.com.au/LOOP)

### NITBUSTERS DAY – VOLUNTEERS NEEDED

Our Nitbusters Day for Term 3 will be held **next Monday, 3<sup>rd</sup> August**. Students will have their hair checked for head lice and eggs and parents will be informed by mail if your child needs treatment at home.

We are once again calling on volunteers to help with this worthwhile program. If any parents are able to spare a few hours on Monday, 3<sup>rd</sup> August from 9.00 am it would be very much appreciated. Morning tea will be supplied and what a great way for new parents to meet other members of our school community, whilst providing a great service for our students. Experience is not necessary as our coordinators will teach you. We look forward to seeing some new faces, as well as our regular helpers. Please contact the office if you would like to help.

### SPORTS NEWS

#### OURIMBAH PRIMARY ATHLETICS CARNIVAL

The 2015 K - 2 and 3 - 6 carnivals will be held at Sohler Park this Friday, 31<sup>st</sup> July commencing at 9.30 am with the following Friday being a backup day if inclement weather forces the closure of the venue.

An information and permission note relating to the upcoming Athletics Carnival has been sent home and must be returned tomorrow.

Gary Edwards

### TOUCH FOOTBALL GALA DAY

Next Tuesday, 4<sup>th</sup> August there will be a NSWPSA Touch Football Gala Day held at Sohler Park. Good luck to all the boys and girls who are participating.

### LIFE EDUCATION VISIT

The Life Education Van (often called Healthy Harold by the children) will be visiting our school from Monday, 3<sup>rd</sup> August until Wednesday, 12<sup>th</sup> August.

Life Education exists to educate and protect our children from the dangers of drugs, it is an excellent program. The cost is \$10.00 per student.

**Please note:** There will be a **parent session** held on Thursday, 6<sup>th</sup> August from 1.30 pm until 2.00 pm for parents who would like to hear more about the program. Please inform the school office if you will be attending. During the Life Education visit students will be able to purchase Healthy Harold merchandise, with proceeds

going to support this wonderful program. A full price list is attached below.



#### HAROLD MERCHANDISE

Dear Parents,

Life Education NSW is a not for profit community-based organisation that relies heavily on fundraising within the community to assist in meeting the shortfall left after receiving minimal assistance from Government funding.

The sale of Harold merchandise to the children whilst the program is visiting each school supports the fundraising activities of local committees and all proceeds support Life Education within each local area. These products help to remind children about the messages delivered to them during their Life Education session and have either a picture of Harold or the Life Education logo on them.

The educator will provide the opportunity for children to purchase these products during the school visit. Please provide the **correct money** in an envelope with the item written on the face of the envelope along with your child's name and class. This allows the educator to process orders efficiently and accurately. Orders will be returned by the conclusion of the visit.

Product Description	Price Incl. GST	Quantity	Product Description	Price Incl. GST	Quantity
Tattoo	\$0.50		Harold Hand Ball	\$3.00	
Harold Sticky Note Pad	\$1.50		Small Harold Soft Toy	\$8.00	
Harold Stationery Set	\$3.00		Large Harold Soft Toy	\$15.00	
Harold Keyring	\$3.00				
<b>Total Owning</b>			<b>Total Owning</b>		

Name: \_\_\_\_\_ Child's Class: \_\_\_\_\_

**NB Harold Products are subject to availability**  
Life Education NSW thanks you for your support.

☐ I would like to donate \_\_\_\_\_ to Life Education NSW.  
Gifts of \$2.00 or over are tax deductible.

Name: \_\_\_\_\_ Phone (optional): \_\_\_\_\_  
Address: \_\_\_\_\_  
Suburb: \_\_\_\_\_ Postcode: \_\_\_\_\_  
Email (optional) \_\_\_\_\_ Child's Class: \_\_\_\_\_

Visit Life Education at [www.lifeeducation.org.au](http://www.lifeeducation.org.au) or [www.healthylharold.org.au](http://www.healthylharold.org.au)



### INTERRELATE

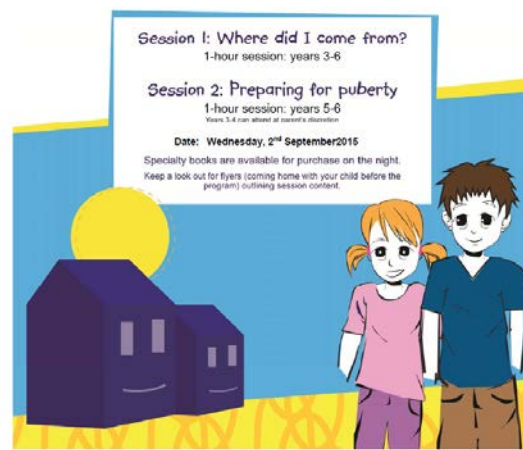
The Ourimbah Public School P&C will be holding an Interrelate evening on Wednesday, 2<sup>nd</sup> September. More detailed information about the program and prices will come home closer to the event.



When kids ask "the" questions...  
**Interrelate has the answers!**

Interrelate is a specialist organisation with over 85 years' experience teaching sexuality and relationship education in NSW schools. Interrelate educators are highly trained and skilful presenters.

The topic of sexuality is handled with sensitivity, openness and humour. The program offers an interactive approach to learning, with a variety of audio-visual materials, discussions and games.



### BLUE GUM CANTEEN NEWS

The new menu is up and running and proving to be very popular. Don't forget you can place recess and lunch orders through our online service, [flexischools.com.au](http://flexischools.com.au). Orders must be placed before 9 am each morning.

### PLEASE CONSIDER JOINING OUR TEAM

Due to changes in our volunteers work commitments we are a little low on helpers at present. Please send me an email at [ourimbahcanteen@gmail.com](mailto:ourimbahcanteen@gmail.com) or call the office if you would like to join our great team. We particularly need help on Tuesdays and Thursdays. If you are already assisting with reading in the classroom, you may be able to help in the canteen afterwards. Many of our volunteers combine the two.

The Athletics Carnival is on **THIS FRIDAY**. The canteen will be operating on the day and is sure to be a very busy day. PLEASE consider helping in the canteen in between races if you are able. I have decided against pre-order lunches this year so our volunteers can focus on selling at the counter.

Did you know?

We are open early so you can purchase before school light snacks. Check your menu for the options that are available. This may be helpful for your family if you are running late in the morning.

Upcoming events:

Week 3 Athletics Carnival

Week 7-10 Fruit and Vege month

### COMMUNITY NEWS AND ADVERTISEMENTS

#### WOOLWORTHS EARN AND LEARN

Please note that Ourimbah Public School is **not** participating in the Woolworths Earn and Learn program this year. You might like to support one of our local preschools or neighbouring schools by donating your stickers to them this year.

#### FIRE AND RESCUE NSW

##### WINTER FIRE SAFETY MESSAGE

A spate of fires in homes over the past week and another forecast cold snap over coming days has prompted fireies to warn NSW residents to take every precaution ...to avoid a fire in the home. Firefighters have been called to more than 70 home fires since the weekend when temperatures started to drop. FRNSW has attended numerous fires and concerns for welfare resulting from the increased use of heaters, electric blankets, and improper use of unsafe heating methods. Many people don't realise that winter is the worst time of the year for home fires. Home fires in the cooler months are often far more serious and are more likely to result in injuries and deaths. Remember, keep looking when

cooking and do not leave heaters, dryers, electric blankets, or any other electrical device unattended. Always turn them off when leaving home or going to bed. Also remember to check the electrical cords for fraying and other damage. Firefighters also want you to remember that outdoor heating and cooking appliances (such as the coal burner pictured) must not be brought indoors. This includes appliances that use 'heat beads' or LPG as a fuel source. More firefighter home fire safety tips:

- Keep clothing and other flammable materials at least one metre from your heater
- Clean out the clothes dryer filter after every load
- Don't overload your powerboards
- Never use wheat bags in bed
- Ensure you have a working smoke alarm and a practised home escape plan
- If a fire does occur, get out, stay out and call Triple Zero (000).


### OURIMBAH SURGERY IS OPEN TO NEW PATIENTS

Dr Heather Reid would like to advise that we are now accepting bookings for new patients.

We bulk bill all children 16 years and under.

For enquiries and appointments, please call (02) 4362 3162

Our friendly staff look forward to welcoming you and your families to our practice.



**1-2-3 MAGIC® & EMOTION COACHING PARENT COURSE**

**Learn to manage difficult behaviour in children 2-12 years**  
**Wednesdays 5, 12, 19 August 2015**  
**10am-12pm**

A three-session program for parents and carers  
Facilitated by Schools as Community Centres Program (SaCC)  
at Woy Woy Schools as Community Centres - SaCC  
Enter from Bowden Road, Woy Woy (Public School)

**Learn:**

- ✓ To engage your children's cooperation by positively noticing and encouraging them
- ✓ To set clear expectations and help them to develop frustration tolerance
- ✓ To help children's brains to develop filters for behaving well
- ✓ To resolve family conflict quietly
- ✓ Some simple strategies to practise being a calm parent

**What people are saying...**  
*What a relief to come across a program that preserves the dignity of the child, maintains the self control of both the parent and the child and is actually easy to remember when memory is the first thing to go!*  
*I realised quickly that 1-2-3 Magic can be a great preventative measure that any parent use.*

**Who is running it?**  
The presenter for this course is Suzanne McCaskie, who has completed the Parentshop's 1-2-3 Magic® & Emotion Coaching practitioner training.

Fee: \$20

**Registrations essential.**  
To register for this course contact Philippa Skipper, Facilitator (SaCC)  
on 0477 317 862  
email: [philippa.skipper@det.nsw.edu.au](mailto:philippa.skipper@det.nsw.edu.au)

• An end to the arguing and yelling! • It saved our lives • Simple, sane, effective  
This course is being run by a Parentshop® licensed practitioner. [www.parentshop.com.au](http://www.parentshop.com.au)





**GCSDance**  
WHEN YOU'VE JUST GOTTA DANCE

Providing high quality training in a nurturing environment for over 30 years.

The Central Coast leading dance studio has moved to Lisarow and is offering the

**FIRST 2 CLASSES FREE\***

- Intro to Dance 2 - 5yrs
- RAD Classical Ballet
- Lyrical
- Contemporary
- Jazz Technique
- Tap
- Hip Hop
- Boys Only Classes

Dance Shop & Cafe on the premises.

Studio ideally located across the road from Lisarow Train Station, next to Scholastic.

Unit 2 68 Railway Crescent, Lisarow.

\*only classes for ages 2-5yrs

**0414 689 181**  
**www.gcsdance.com**

**CELEBRATING**  
**4 YEARS**  
1974 - 2014

**COME AND TRY BASEBALL WITH GOSFORD INDIANS BASEBALL CLUB**

**REGISTRATION DAYS**  
**2015 - 2016 SEASON**

Boys and girls, new and old players are invited to come and register

for our **MID WEEK** comp U8's - U16's.

Where: Adcock Park (near the baseball canteen)  
When: Tuesday 11th and 18th August  
Time: 4 - 6pm

For further information please contact  
Kate Frost on 0416 177 016 or email:  
k8frost@optusnet.com.au

**Ourimbah FirstGrammar**  
Early Education Centre

"Achieving excellence in early education and care for children aged 18 months to 6 years"

A: 1 Coachwood Drive, Ourimbah  
P: 4362 3600  
E: ourimbah@firstgrammar.com.au

**www.firstgrammar.com.au** **f/FirstGrammar**

## Biggest Sausage Sizzle & Open Day

Looking for an activity for the whole family to do together?

Come along a see what goes on at

1<sup>st</sup> Ourimbah Scout Group

Saturday 1st August

12 noon till 2pm

Ourimbah Scout Hall

Free sausage sizzle

Joeys 6 to 8 years

Cubs 7.5 to 11 years

Scouts 10.5 to 15 years

Venturers 14 to 18 years

Leaders 18 years onwards

Term 3 Planner – Please keep in a prominent place and add events as you are notified.

	Monday	Tuesday	Wednesday	Thursday	Friday	Sat & Sun
<b>Wk 1</b>	13-Jul Staff Development Day	14-Jul Students return  LST Executive Mtg	15-Jul  Staff Mtg	16-Jul  Stage Mtg	17-Jul	18-Jul 19-Jul
<b>Wk 2</b>	20-Jul  TPL	21-Jul  Executive Mtg / LST	22-Jul  OC Test Staff Mtg	23-Jul VS Aboriginal Mtg @ OPS  Scripture Stage Mtg	24-Jul	25-Jul 26-Jul
<b>Wk 3</b>	27-Jul Class Newsletters Education Week  TPL	28-Jul Uni Comp - English Education Week  LST Executive Mtg	29-Jul K2016 tour & library Education Week  Newsletter week Staff Mtg	30-Jul Education Week  Aboriginal Hearing Stage Mtg	31-Jul Athletics Carnival Education Week	1-Aug 2-Aug
<b>Wk 4</b>	3-Aug  Nitbusters Day Life Ed  TPL	4-Aug Touch Gala Day  Life Ed LST Executive Mtg	5-Aug VS Academic Excellence Assembly NVHS 9 - 11  Life Ed Staff Mtg	6-Aug K2016 Parent info 9-11am & 6-7pm Life Ed Stage Mtg / Scripture	7-Aug Athletics Backup Day	8-Aug 9-Aug
<b>Wk 5</b>	10-Aug  Life Ed  TPL	11-Aug Uni Comp - Maths Life Ed  LST Executive Mtg	12-Aug Milo Cricket Life Ed P&C Mtg  K2016 Parent Session Staff Mtg / Newsletter	13-Aug  2nd Hand Book Stall  C'ttee Mtg	14-Aug	15-Aug 16-Aug
<b>Wk 6</b>	17-Aug  TPL	18-Aug Silk Painting W'shop  LST Executive Mtg	19-Aug Yr 6 World Maths Day LHS K2016 transition 10.30 - 11.30 Staff Mtg	20-Aug  Scripture Stage Mtg	21-Aug BWPSSA Athletics Mingara  St 1 Fire Ed 9.30 hall	22-Aug 23-Aug
<b>Wk 7</b>	24-Aug  TPL	25-Aug  LST Executive Mtg	26-Aug K2016 transition 10.30 Yr 2 Swimming  Newsletter week Staff Mtg	27-Aug  Stage Mtg	28-Aug Book Fair  St 2&3 League Program	29-Aug 30-Aug
<b>Wk 8</b>	31-Aug  Lit/Numeracy Week Book Fair TPL	1-Sep Education Open Day more details to come Book Fair Executive Mtg / LST	2-Sep K2016 transition 10.30 Yr 2 Swimming Interrelate Book Fair Staff Mtg	3-Sep  Scripture Book Fair Stage Mtg	4-Sep Fathers Day Breakfast Book Fair St 2&3 League Program	5-Sep 6-Sep
<b>Wk 9</b>	7-Sep  TPL	8-Sep St 1 Oakdale Excursion  Executive Mtg, LST	9-Sep Yr 2 Swimming K2016 transition 10.30. - 11.30 Staff Mtg P&C Mtg	10-Sep  Stage Mtg	11-Sep  St 2&3 League Program	12-Sep 13-Sep
<b>Wk 10</b>	14-Sep  TPL	15-Sep  LST Executive Mtg	16-Sep Yr 2 Swimming Yr 4 Aussie Bush Camp Staff Mtg	17-Sep Yr 4 Aussie Bush Camp Scripture Stage Mtg	18-Sep Yr 4 Aussie Bush Camp LAST DAY TERM	19-Sep 20-Sep