



'Endeavour to Excel'

121 PACIFIC HIGHWAY, OURIMBAH 2258

Email : ourimbah-p.school@det.nsw.edu.au

'Excellence, Opportunity, Success'

PHONE: 4362 1033 FAX: 4362 2531

Website: www.ourimbah-p.schools.nsw.edu.au

'Communicating with our Caring Community'



Wednesday, 24th May 2017



DATES TO REMEMBER

DATE	EVENT
26 May	Brisbane Water Zone Cross Country
29 May	CANTEEN CLOSED
29 May	CC Dance Festival – Senior Show A tickets go on sale
30 May	Science Competition
31 May	CANTEEN CLOSED
1 June	Year 6 Lisarow HS Transition Day
5 June	CANTEEN CLOSED
7 June	CANTEEN CLOSED
9 June	CC Dance Festival – Junior Show G tickets go on sale
12 June	Public Holiday
14 June	CANTEEN CLOSED
14 June	P&C Meeting
19 June	CC Dance Festival Senior Dance Performance – Show A
28 June	CC Dance Festival Junior Dance Performance – Show G

PRINCIPAL'S MESSAGE

Dear Parents and Community members,
Last Thursday and Friday, I attended the ConnectEd conference for the Hunter and Central Coast principals. Our keynote speakers were world renowned experts whose focus for the sessions was on building professional learning communities within schools. The messages of distributive leadership, building teams and

developing strong school processes of consultation align with my way of thinking, so I was very pleased to have attended.

Just prior to going to the conference, the staff began thinking about our 2018 – 2020 School Plan. This was the first step in the process of consulting all stakeholders about what direction Ourimbah Public School should be taking over the next three years. We will have many more meetings to fine-tune the ideas and work out how it should all work. I will hold parent meetings later this term, or early next term, to hear your views. I will also be speaking with the P&C.

This morning, I held a morning tea for the SRC representatives across the school. Part of our conversation was focussed on what the SRC thought about our school and what could be changed/added/removed etc.

Last Wednesday, I joined principals from the Tuggerah Lakes LAC for a Police/Principals forum. One speaker was from the counter-terrorism unit who presented information about radicalisation of young people. The other speaker was from the eSafety Commission. She gave some worrying figures on the amount of time young children (primary aged) spend playing on iPads, smartphones, computers etc and demonstrated the ease with which predators can infiltrate even the most security conscious users. She also listed the huge number of social media apps to which children have access. I would encourage parents to look at the eSafety website – there is a section for parents - <https://www.esafety.gov.au/> - it contains information,

cyber safety tips, and a reporting line (if your Facebook has been hacked or you are being cyber stalked etc).

Many thanks to the P&C for the Mother's Day stall and the disco. These dedicated folk spend so much time and effort arranging activities for our students! I encourage everyone to get involved with the P&C.

Good luck to our cross-country representatives this Friday.

Have a great week,
Glynis Lugnan
Principal

CORE VALUES

Values

This fortnight we are focusing on the core value of 'Participation'.

OURIMBAH PUBLIC SCHOOL VALUES

PARTICIPATION

Being a proactive and productive individual and group member, having pride in and contributing to the social and economic wealth of the community and nation.

CORE VALUES

For the last fortnight we were learning about our school value of 'Integrity'. Below are our Core Value award winners.



CLASSROOM EFFORT & BEHAVIOUR POINTSCORE

Week 3 – Winning House – Platypus

Platypus – 44.5 Koalas & Emus – 40.5

Kangaroos – 39.5

Week 4 – Winning House – Koalas

Koalas – 49.5 Kangaroos & Emus – 44.5

Platypus – 41

CLASSROOM AWARDS K-2

Week 4 – Leila K, Lachlan P KL, Imogen S, Tobias W KM, Emily F, Kye H KS, Victoria A, Caleb W 1A, Euen K, Izak F 1B, Brody T, Vienna D 1M, Will C, Maison G 1/2G, Teleah K, Hayden B 2M, Tallon M, Charlie B 2W, Amber J, William D Library

Week 5 – Flynn W, Arlandria F KL, Chloe W, Rhys S KM, James B, Kayla D KS, Daniel B, Sienna R 1A, Rucci F, Lily H 1B, Archer W, Isabella W 1M, Summer H, Alec B 1/2G, Declan K, Shayla R 2M, Tasman H, Neo C 2W, Will C, Alacia B Library

CLASSROOM AWARDS 3-6

Week 4 – Emily M, Isaiah J 3/4B, Indyanna P, Ruby M 3/4E, Ethan W, Chloe B 3/4PF, Jasper D, Jamiel R 3/4R, Bryson S, Gabrielle M 4/5A, Samara C, Brooke S 5/6E, Jacey C, Addison A 5/6K, Xanthia T, Brendan E 5/6S, Josephine C, Blake W Library

Week 5 – Quinlan B, Hannah D 3/4B, Jasper K, Elijah S 3/4E, Ellie W, Jordan P 3/4PF, Kain R, Lilly M 3/4R, Blake W, Joseph T 4/5A, Holly P, Connor K 5/6E, Blake R, Lilijana R 5/6K, Yasmine T, Luke S 5/6S, Molly H, Ashleigh M 5/6W, Levi H, Kya B Library

LOST PROPERTY

Please clearly mark your child's name on all jumpers and lunch boxes, etc, as we are unable to return unnamed lost items to their rightful owners.

We are collecting dozens of unnamed jumpers every week at the moment and most of them are remaining unclaimed.

Please be aware that they are only being held in the office for a few weeks before being washed and handed over to the uniform shop or sent to a charity if they are not regulation uniform.

SPECIAL PHOTOS – ORDER NOW

We have copies of the School Officials, House Captains and SRC photos, as well as a Year 6 group photo on display in the school foyer for viewing and ordering and are priced at \$16.00 per photo. Discounts are available if purchasing more than one photo. Cash envelopes and online payment details are available from the office and orders need to be placed by Monday, 7th June.

These photos can also be viewed and ordered online at www.theschoolphotographer.com.au using the School Online Code: 17S762VT350.

For all enquiries regarding photos, please phone the School Photographer on 02 9674 9824.

SPORT NEWS

ZONE TOUCH TRIALS

Good luck to Lilijana R who participated in the BWPSSA Touch Trials today.

Mr Edwards

BASKETBALL

Congratulations to the Senior Basketball teams on a wonderful effort last Friday, 19th May. Unfortunately, neither team made it through to the next round, but a fun filled day was had by all. The children should all be very proud of their performance and behaviour on the day.

A big thank you to those parents who were able to support us on the day and help drive the teams to and from the stadium.

Susan English

NSWPSSA NETBALL KNOCKOUT

On Tuesday, 16th May the Senior Girls' netball team played in the knockout PSSA competition at Niagara Park Stadium. We won our first game against Lisarow but were unfortunately defeated in the second game against Umina. The girls played well and displayed excellent sportsmanship on the day. Thank you to Lorelei Barkley for assisting with transport and to Lou Woodhouse for giving up her time to umpire the game.

Miss Fuller

NSWPSSA GIRLS SOCCER

Congratulations to our girls soccer team, who won their game against Kariong PS last Thursday 8-1. The girls are now off to the next round to verse Hornsby North PS. They should be proud of the effort they put in and working well as a team.



NSWPSSA BOYS SOCCER

In a tough and tight game, the boys' team went down 2 goals to 1 against Kariong Primary. The game was always in the balance with both teams having several opportunities. Kariong, however, had the bounce of the ball and got away with a last second goal. Bad luck, but well done boys.

Mr Edwards

CENTRAL COAST DANCE FESTIVAL

Our Junior and Senior Dance groups will be performing in this year's Central Coast Dance Festival at the Laycock St Theatre. Tickets for the shows will go on sale soon and must be purchased through Laycock St Theatre by phone, in person or online at www.laycockstreettheatre.com

Please make sure you purchase tickets for the correct show as they cannot be swapped or refunded. The cost for adults is \$20.00 per ticket and children \$17.00 per ticket.

See below for show details:

Senior Dance Group

Performance - Show A on Monday, 19th June

Tickets on sale from 11 am on Monday, 29th May

Junior Dance Group

Performance – Show G on Wednesday, 28th June

Tickets on sale from 11 am on Friday, 9th June

NITBUSTERS DAY

Thank you to the following volunteers for all their help on Nitbusters Day yesterday: Sara Tabb, Sharon Byrnes, Marcia Hercus, Jane Demellweek, Lisa Carson, Melinda Cooper, Stephanie Pritchard, Leanne Diggle, Jacqui Woods, Jen East, David Thomas and our coordinator Lorelei Barkley. Your ongoing support of this program is fantastic.

MOTHER'S DAY STALL

The P&C conducted their Mother's Day stall on Friday, 12th May. Many thanks to Albina Enberg and her hard working band of volunteers: Natalie Isaacs, Rebecca Stebbings, Charissa Stanley, Kristy Murray, Lorelei Barkley, Michelle Daley, Stephanie Pritchard, Michelle Walker, Anh Le, Jane Brooker, Jane Demellweek, Lisa Booth and Lynne Dallas. The gifts looked fantastic. The boys and girls were most appreciative and there were happy, smiling faces all around.

Albina would also like to thank Judy Worth, Sally Brown, Kylie Brooks, Jane Brooker and the other volunteers for their help setting up on Thursday afternoon and also to Mary Holstein from Gnostic Forest for her support.

WORKING WITH CHILDREN CHECK

The majority of parent (close relative) volunteers in schools do not need to obtain a WWCC clearance. Most parent volunteers coming in to school are **exempt** from

obtaining a WWCC clearance, regardless of the volunteering activity they are undertaking.

Some examples of exempt volunteers are:

- Parents volunteering for reading groups
- Parents volunteering at a school fete
- Parents volunteering to attend excursions
- Parents volunteering at the canteen

However, all parent (close relative) volunteers **must** complete the Appendix 5 declaration which can be found on the sign in table in the office foyer and provide 100 points of ID before commencing any volunteer activities within our school.

Examples of identification required:

- Birth Certificate / Passport = 70 points
- Current Drivers Licence / Pensioner Card / Health Care Card = 40 points
- Medicare Card / Rates Notice / Rental Agreement / Seniors Card = 25 points

Working With Children Check Clearance Number

If however, you do have a Working with Children Check clearance number, please forward a copy of your clearance to the office to keep on file. In this case the 100 points of ID will not be required.

WINTER UNIFORM REMINDER

All students should now be wearing the full winter uniform.

The Uniform Shop is open Monday mornings and Thursday afternoons if you need to purchase any winter uniform items. The winter uniform order form can also be found on our website.

SCHOOL PROGRAM VOLUNTEERS

Please remember that programs such as Student Banking, Book Club, etc are run by parent volunteers at our school and whilst every endeavour is taken to process Banking and Book Club on time, there will be occasions where orders or banking might not make it from the classroom to the office in time for processing.

PEER SUPPORT

Week 3

Last week, in Peer Support, children discussed skills and how to communicate their feelings and needs to others. The children discussed skills they use when participating in a variety of activities. When children understand they already have many of the skills needed to succeed, they can feel more confident when trying something new. The children were asked to identify events that trigger different feelings.

Encourage your child to remember the skills they have used in one activity when trying something new. Also encourage your child to communicate their feelings and needs.

Week 4

This week in Peer Support children will revise what they have learned about resilience and discuss the people who show them support. Through a story, the children identify where the character has used her personal qualities, strengths and skills to help her overcome challenges. They identify times when she needed support to continue. The children discuss a range of challenges and determine the best person to approach for support. The children consolidate the protective factors for resilience by revising their own strengths and skills and identifying 5 people they can go to for support. Remind your child of their qualities and skills and encourage them to ask for help in challenging situations.

FOUND

A small rose gold coloured earring has been found in the hall, possibly lost at the disco. See office staff for information.

KINDERGARTEN 2018

Enrolment forms for children expected to start school in 2018 have been sent home via older siblings. Please complete and return the forms to the office as soon as possible with copies of relevant paperwork.

If you are NOT sending your child to school in 2018, please return the form and advise the office staff.

Your child is eligible for Kindergarten 2018 if he or she turns 5 before 31st July, 2018 (ie. born between 1/8/12 and 31/7/13).

Please advise the office of your child's name and date of birth and we will send enrolment forms home if you do not receive them.

If you have any friends or neighbours who may have a child ready to start school next year, please let them know it is time to contact the school for information.

The Kindergarten 2018 transition program will be held later in the year and will include a parent information session at the end of August and several classroom visits in November and December.

P&C NEWS

UNIFORM SHOP

Operating Hours – Mondays & Thursdays

The opening hours for the uniform shop have changed slightly and are as follows:

Mondays 8.30 am - 9.15 am

Thursdays 2.30 pm - 3.15 pm

Online ordering via flexischools.com.au and eftpos are available in the Uniform Shop. Order forms are also available from the office with an option to make arrangements for collecting/paying at the canteen or from the uniform shop.

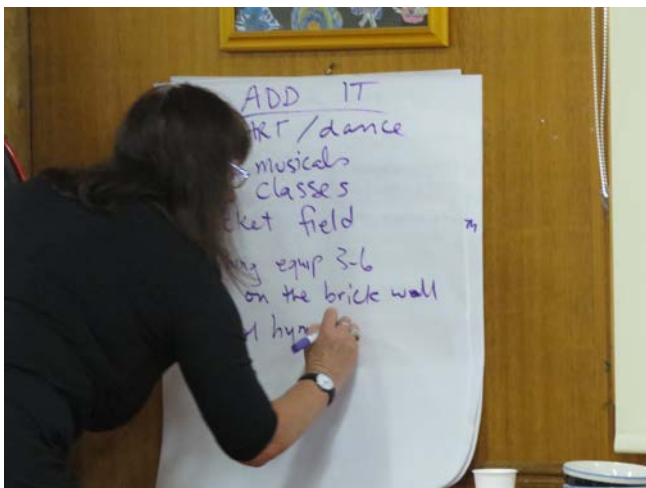
ENTERTAINMENT BOOKS


Entertainment books are now available from Ourimbah Public School at a cost of \$65.00 each. All books must be ordered online via www.entbook.com.au/345q54 and can then be picked up from the school office.

STUDENT REPRESENTATIVE COUNCIL (SRC)

Below are some photos of our SRC members enjoying a morning tea hosted by Mrs Lugnan.

During the morning tea, we listed the Best and Worst things about OPS; what we wanted to amend/change and what should be added during the next 3 years.






Ph/Fax 02 4344 5251


Beautiful fresh flowers at Market prices
Open and delivering 7 days
Chambers Pl Woy Woy NSW

Flowers of Love and Light



Spiritual shops for the New Age

Chambers Place
Woy Woy NSW 2256
Ph/fax 0243 424466



Central Coast Council
of Parents and Citizens Associations
of New South Wales (CCC P&C)

Parents, Carers, Community Members – ALL WELCOME

Cyber Awareness Forum

Do you know what your children are up to?
Do you know the consequences of online actions?
Do you want to know how to protect them?


Join Central Coast Council of P&Cs as we host NSW Police from the Central Coast Area Commands supported by the local Dept. of Education to discuss the issues you need to know in this 21st century social media world.

Date: Wednesday 7 June 2017
Time: 7pm
Venue: Mingara Recreation Club, Mingara Drive, Tumbi Umbi, 2261

This is a chance for parents, carers and community members to understand current risks that children face. Please note: This is a *child free* event.

Please register, for catering purposes, via <http://www.cccpandc.org>

Light refreshments & venue provided courtesy of Mingara



Cyberbullying

Nutrition Snippet




The simplest way

...to save money and improve your health.

Including two serves of fruit and five serves of vegetables in your daily diet can help prevent cancer and save you money too.

Reducing the amount of expensive meat ingredients and increasing the amount of cheaper vegetable ingredients in recipes is a great way to boost your veg intake and reduce the grocery bill.




Try it with:

- Pizza** – limit or avoid processed meats and add more mushrooms, capsicum, onion or leftover roast veggies.
- Stir fries** – reduce the meat and add extra capsicum, broccoli, snow peas and bok choy.
- Bolognese** – use less mince and more grated or chopped carrot, celery and zucchini or add canned lentils or kidney beans.

For more information visit
www.eatittobeatit.com.au
or join us at facebook.com/eatittobeatit



Nutrition Snippet




The simplest way

...to choose the best lunch box drink.

When it comes to packing a lunch box drink, water is the best choice!

Milk is a great drink too – add a plain milk popper to the lunch box as well to give kids a calcium boost.



Drinks such as fruit juice, cordial, flavoured mineral water, soft drink and sports drinks are high in sugar and low in nutritional value. So limit or avoid these drinks.

It is best to only drink juice occasionally and it should not be packed in the lunch box. Avoid “fruit drinks” as these are just sugar water and a little juice.

Remember, water is essential so make sure you pack a bottle of it in the lunch box every day.

For more information visit
www.eatittobeatit.com.au
or join us at facebook.com/eatittobeatit

